

WELCOME...

Kate Korn and Meg Dangler

Present...

EF Skills for 2nd-6th grade

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11 Sub-Skills of Executive Function



We have to teach kids with EF
challenges how to
FUTURE THINK!



90% of planning occurs in a different
space from where we execute it.

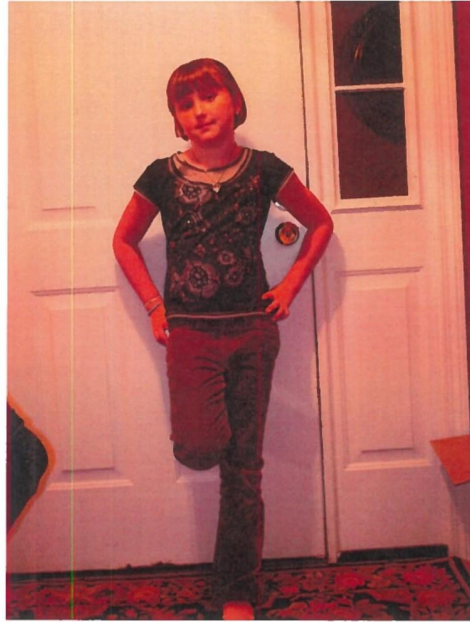
We can help students develop future
situational thinking by using S.T.O.P.

FIRST

THEN



"We have to go! Are you ready for school?"



"Head to Toe!"

- ☐ Head Band
- ☐ Sweatshirt/
- Coat
- ☐ Snack
- ☐ Bag
- ☐ Homework
- Notebook
- ☐ Shoes for
- Gym



Check your SMARTs

S Strategies...Do I have a strategy in place?

M Materials...What do I need?

A Actions... How will I complete my task?

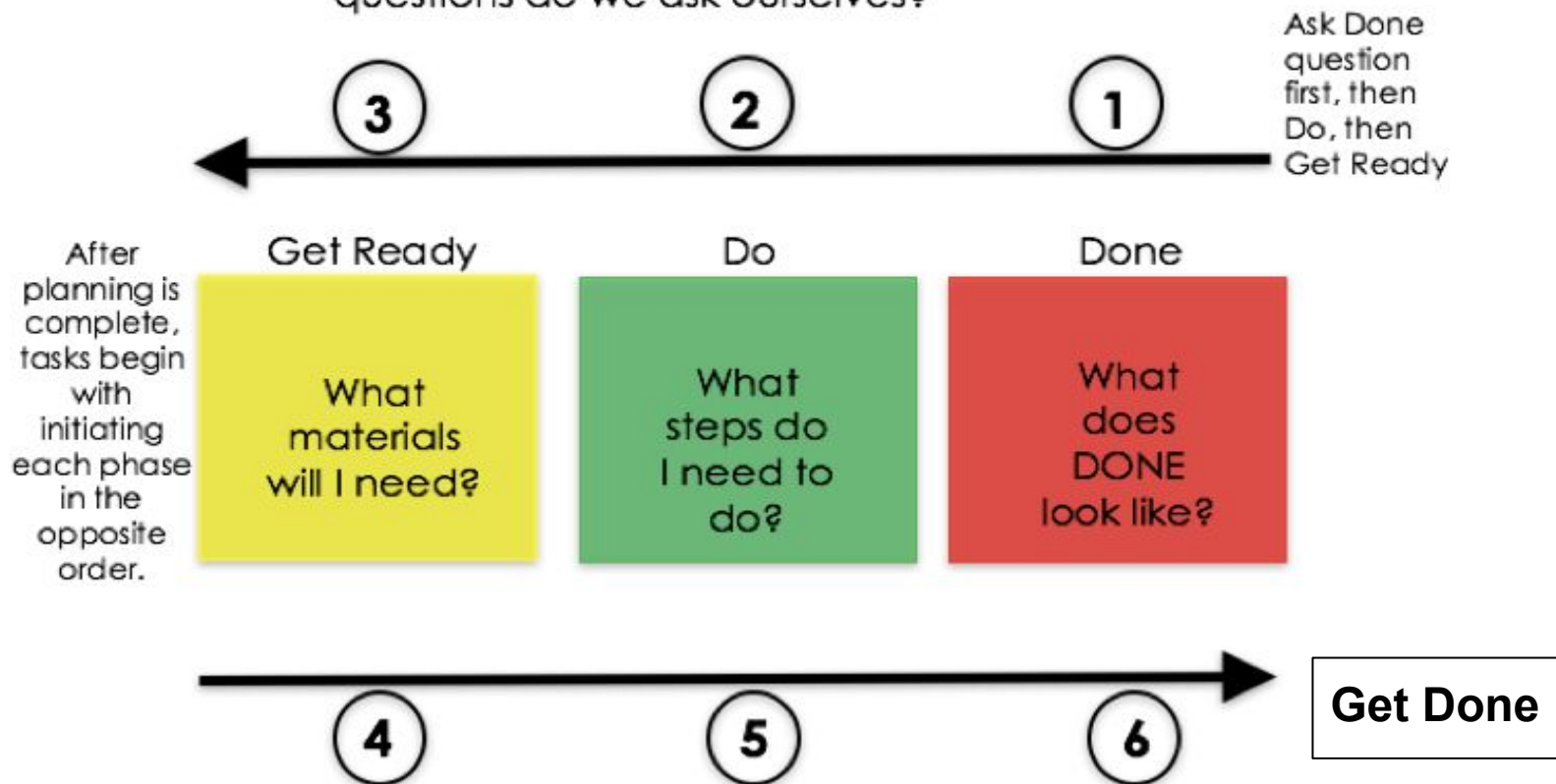
R Resources...What supports might I need

T Technology... What can I use?



FUNDAMENTALS OF PLANNING CONCEPT

When we plan our work, What three questions do we ask ourselves?



Making a Pizza

Get Ready

What
materials
will I need?

Do

What
steps do
I need to
do?

Done



3

2

1

Get Done
EAT
CLEAN-UP

Get Ready

What
materials
will I need?

Do

1. Gather Ingredients
2. Preheat oven to 425
3. Roll out dough in a flat circle
4. Spread on sauce
5. Sprinkle with cheese
6. Lay on pepperoni
7. Place pizza on a pan
8. Cook in oven for 20 minutes

Done



3

2

1

Get Done
EAT
CLEAN-UP

Get Ready - DO - Done - Get Done

3. Get Ready: What do I need?

4. SMARTS... Prepare your work space

2. DO What steps do I need to take to be done? List steps

5. DO MY WORK....Track time

Watch for TIME ROBBERS
STOP... Space, Time, Objects,
People!

1. What will it look like when I am done?
Future Sketch

6. Am I DONE...Now what do I need to do to GET DONE?

Review! What worked, what did not work?



GET READY

Use my S.M.A.R.T.S.I

Does my body need
anything before I start?

DO

Task	Time



DONE

This task is...

- ☐ something new.
- ☐ similar to something I
have done before.

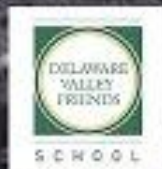
When I am DONE,
I will feel:



Top Tip for Parents of a Student with Executive Function Challenges

Delaware Valley Friends School invited Sarah Ward, MS, CCC/SLP, to give a public presentation for parents and professionals titled "Understanding Executive Function Skills for the Adolescent Learner."

Helen Mannion, Director of Language and Literacy Remediation and Director of Teacher Training at DVFS, sat down for a Q&A with Sarah during her visit, to provide some useful tips and answer some questions that parents often ask.



PLEASE CONTACT
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Take Away(s)

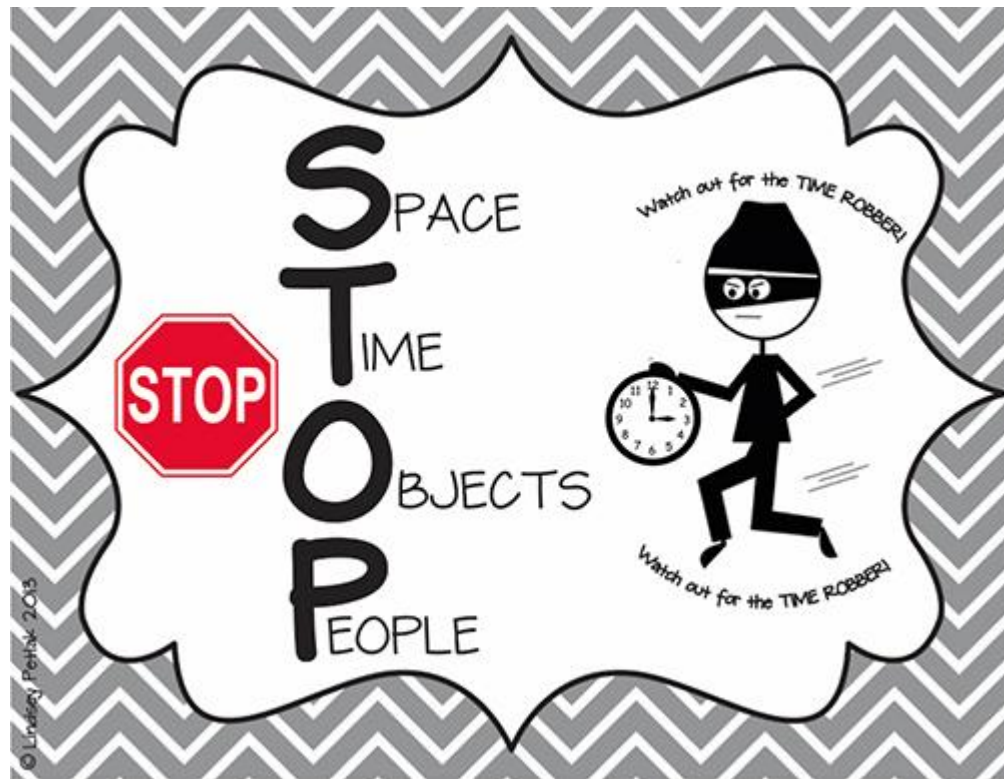
Remove directive language

- Get your backpack, get out your math folder, go to the kitchen table and do your homework

Rephrase with a “look like” question and make sure it has a visual

- What does it look like to “be ready” to do your math homework tonight?
What will it look like to “get done” with your homework?

Allow them the opportunity to own the visual planning.



HERE IS WHAT TO THINK ABOUT BEFORE STARTING A NEW TASK:

1.

STOP



- Stop what I am doing.

2.

THINK



- What do I need to do?
- Do I have a checklist that I can use?

3.

PLAN



- Plan the steps needed to finish the task.
- Fill out the checklist that I can use.

4.

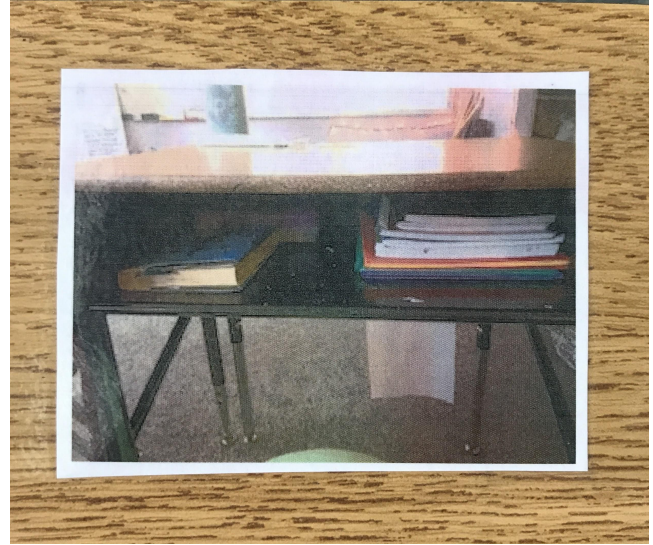
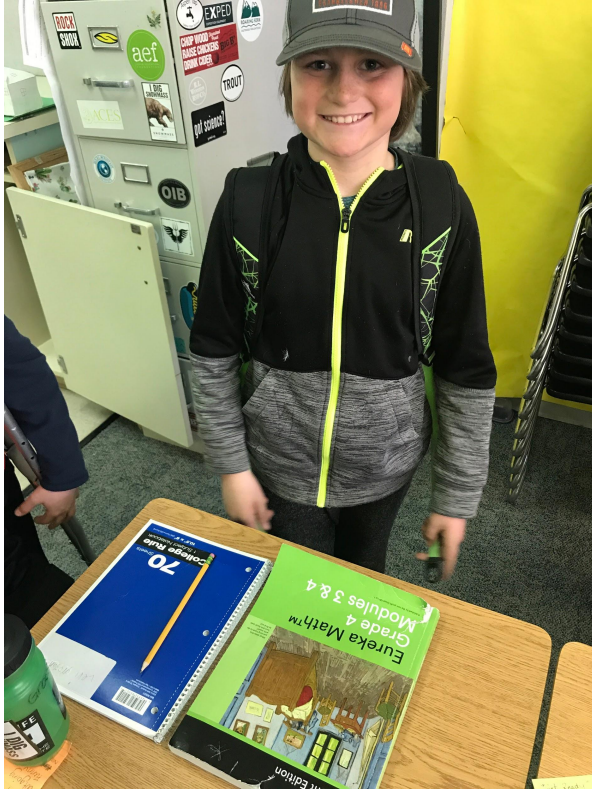
DO



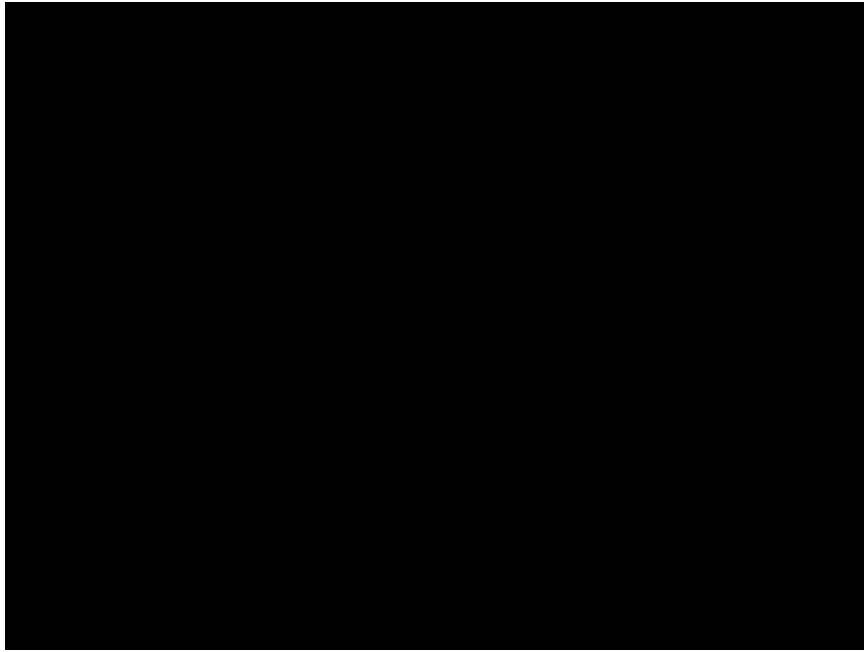
- Sit down and start working!

WHAT DOES IT LOOK LIKE TO HAVE A CLEAN AND ORGANIZED DESK?

WHAT IT
LOOKS LIKE
TO BE READY
FOR MATH



A SUCCESS STORY!



What wonderings might you
have?

What supports might you need
to be successful?

Resources

[Executive Functioning Skills and Strategies](#)

Peg Dawson and Richard Guare:

Executive Skills in Children and Adolescents

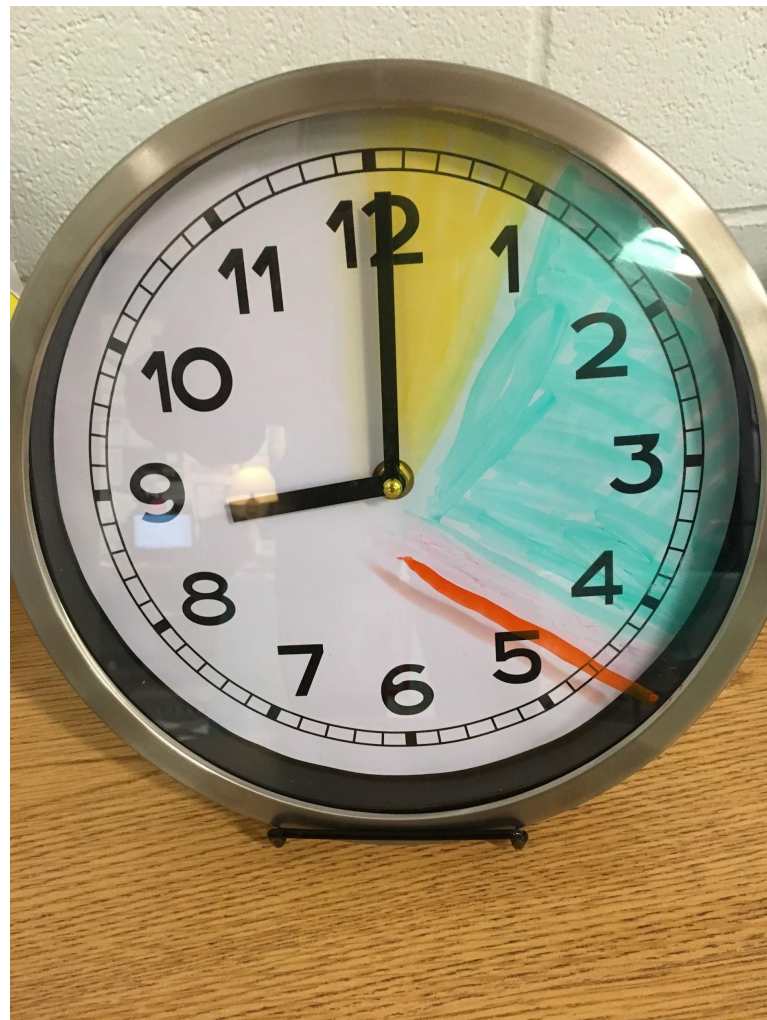
Smart But Scattered (and teen version)

You Tube videos: Sarah Ward

MindSet: Carole Dweck

Organization

Look at the various handouts and checklists... have an organic conversation about helping kids with organization.





Clock App:

360 Thinking Time
30/30